

## CONFIDENTIAL PATIENT HEALTH RECORD

### PERSONAL HISTORY

Full Name: \_\_\_\_\_ Home Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ E-mail Address: \_\_\_\_\_  
Home Phone: (\_\_\_\_) \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex:  M  F  
Cell Phone: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
Business Employer: \_\_\_\_\_ Business Phone: (\_\_\_\_) \_\_\_\_\_ Type of Work: \_\_\_\_\_  
Select:  Married  Single  Widowed  Divorced  Separated Name of Spouse: \_\_\_\_\_  
Spouse's Employer: \_\_\_\_\_ Type of Work: \_\_\_\_\_  
Names and Ages of Children: \_\_\_\_\_  
Referred To This Office By:  Friend  Phonebook  Insurance  Website  Other: \_\_\_\_\_  
Emergency Contact Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ Relationship: \_\_\_\_\_

### INSURANCE INFORMATION

Who is responsible for your bill, you and:  Spouse  Auto  Insurance  Medicare  Other: \_\_\_\_\_  
Personal Health Insurance (Name): \_\_\_\_\_ Health Insurance ID#: \_\_\_\_\_  
Group #: \_\_\_\_\_ Primary Insured's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

### CURRENT HEALTH CONDITION

Present complaints if any (be brief, ie. Neck pain, lower back stiffness):  
\_\_\_\_\_  
\_\_\_\_\_

Please rate your pain with the following scale: \_\_\_\_\_

**Discomfort**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10**    **Intense**

Did your injury occur during:  Work  Sports/Play  Auto Accident  Routine/Household Activity

When did your condition/accident occur: \_\_\_\_\_ Where did your injury occur: \_\_\_\_\_

Please explain what happened: \_\_\_\_\_

Is your condition getting worse?  Yes  No  Constant  Comes and Goes

Is your condition interfering with your:  Work  Sleep  Daily Routine? If so, how: \_\_\_\_\_

Have you been treated by a medical physician  
for this condition?  Yes  No

If so, where? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has something similar happened in the past?

Yes  No Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever been treated by a chiropractor?

Yes  No

**OTHER SYMPTOMS**

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Headaches         | <input type="checkbox"/> Face Flushed        | <input type="checkbox"/> Light Bothers Eyes | <input type="checkbox"/> Feet Cold       |
| <input type="checkbox"/> Neck Pain         | <input type="checkbox"/> Neck Stiff          | <input type="checkbox"/> Loss of Memory     | <input type="checkbox"/> Hands Colds     |
| <input type="checkbox"/> Sleeping Problems | <input type="checkbox"/> Pins/Needles in Leg | <input type="checkbox"/> Ears Ring          | <input type="checkbox"/> Upset Stomach   |
| <input type="checkbox"/> Back Pain         | <input type="checkbox"/> Pins/Needles in Arm | <input type="checkbox"/> Fever              | <input type="checkbox"/> Constipation    |
| <input type="checkbox"/> Nervousness       | <input type="checkbox"/> Numbness in Fingers | <input type="checkbox"/> Fainting           | <input type="checkbox"/> Loss of Balance |
| <input type="checkbox"/> Tension           | <input type="checkbox"/> Numbness in Toes    | <input type="checkbox"/> Cold Sweats        | <input type="checkbox"/> Buzzing in Ear  |
| <input type="checkbox"/> Irritability      | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Loss of Smell      |  |
| <input type="checkbox"/> Chest Pains       | <input type="checkbox"/> Fatigue             | <input type="checkbox"/> Loss of Taste      |  |
| <input type="checkbox"/> Dizziness         | <input type="checkbox"/> Depression          | <input type="checkbox"/> Diarrhea           |  |

Are you taking any of the following medications?  Nerve Pills  Pain Killers (Including aspirin)  Insulin  
 Muscle Relaxers  Blood Thinners  Tranquillizers  Other(s): \_\_\_\_\_

Please list any surgeries with dates: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any past serious accidents with dates: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you take Supplements or Vitamins?  Yes  No Do you exercise?  No  Yes \_\_\_\_\_ hours per week  
Do you smoke?  No  Yes How Much? \_\_\_\_\_ How Long? \_\_\_\_\_  
Are you wearing:  Shoe Lifts  Inner Soles  Arch Supports Are you dieting?  No  Yes, since \_\_\_\_\_

**For Women:**

Are you pregnant?  No  Yes If so, how many weeks? \_\_\_\_\_

- We invite you to discuss with us any questions regarding our services. The best services are based on a friendly, mutual understanding between provider and patient.
- I understand the above information and guarantee this form was completed correctly to the best of my knowledge and understand it is my responsibility to inform this office of any changes to the information I have provided.

Signature \_\_\_\_\_

Date: \_\_\_\_\_